



Collection of 24, 48 and 72-Hour Stool Specimen

PLEASE READ CAREFULLY

1. The laboratory will provide you with a large collection can.
2. Determine the time period for collecting your stool — either 24, 48 or 72 hours. Write this time period on the container for your own information and for the laboratory.
3. Collect each stool in a clean, white plastic container, or stretch Saran Wrap® or a similar plastic wrap across the commode to catch the sample. **Make sure that the stool does not contact urine or commode water.**
4. Place all the stool samples you have collected into the large collection can provided by the laboratory.
Note: Only stool may be placed in the can — no urine, tissue or commode water.
5. The can must be stored in a cool spot to avoid gas build-up. (You may put the can into a cooler containing ice until the time you return to the laboratory with the sample.)
Note: Do not freeze the stool.
6. Bring the completed collection to the laboratory. Before leaving, be sure to speak with a laboratory employee, who will verify all necessary information.

IF YOU HAVE QUESTIONS

Please call TriCore Reference Laboratories'
Client Services Department at 938-8922 (in Albuquerque)
or toll-free at 800-245-3296 (outside the Albuquerque area).